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Contact: Desiree Rivers

admin@loweryspeaks.com

Office: 480-556-6533

Chiefs Legend Nick Lowery Releases Memoir: From 11 NFL Rejections to Hall of Fame and the White House

Book Available Now on Amazon — Most Accurate Kicker in NFL History Shares Lessons on Resilience, Purpose, and Performing Under Pressure

SCOTTSDALE, AZ — March 23, 2026 — Kansas City Chiefs Hall of Fame kicker Nick Lowery has released his highly anticipated memoir, *Naked and Alone with 80,000 People*, chronicling his extraordinary journey from being rejected by eight NFL teams eleven times to becoming the most accurate kicker in league history and serving three U.S. presidents in the White House.

The book, available now on Amazon in paperback and Kindle formats with hardcover and audible versions releasing in April 2026, offers an unprecedented look inside the mind of a player who performed under intense pressure for 18 NFL seasons—and later, at age 43 after retiring, became the only NFL player to earn a Master's degree from Harvard's Kennedy School of Government.

"Every kick matters—whether it's an extra point in the first quarter or a 50-yard field goal to win the game, every single kick has the power to make you a hero or the goat," says Lowery. "But the real challenge is staying focused and trusting your preparation to attack with confidence when 80,000 people are watching, knowing they will always remember your one miss more than your many successes – such is the universal price of success and leadership ."

From Rejection to Record Books

Lowery's story begins with a brutal reality: the New York Jets cut him. Twice. So did the New England Patriots, Tampa Bay Buccaneers, Baltimore Colts, Cincinnati Bengals, Washington Redskins, Green Bay Packers, and San Francisco 49ers. By his eleventh rejection, even his mentor questioned whether he should quit football.

Instead, Lowery took a job on Capitol Hill and convinced himself he was done with the NFL. Then the Kansas City Chiefs called. One last chance. What followed was an 18-season career that rewrote NFL history when he retired:

- Most accurate kicker in NFL history 1980-1998
- Kansas City Chiefs all-time leading scorer)
- Seven-time All-Pro selection
- NFL Record Most 50 yard field goals
- KC Chiefs Hall of Fame

- NFL Player's highest award, the Justice Byron Whizzer White Award

Beyond the Goal Posts: Harvard, the White House, and Humanitarian Work

Throughout his playing career, Lowery spent his off-seasons working in, among other places, the White House for Presidents Ronald Reagan, George H.W. Bush, and Bill Clinton, where he helped launch AmeriCorps, co-founded the Points of Light Foundation, and served as a legislative aide to U.S. Senators. After retiring from the NFL in 1996, Lowery earned his Master's degree in Public Administration at the age of 43, from Harvard's Kennedy School of Government—the only NFL player to achieve this distinction.

For more than 30 years, Lowery has championed Native Vision, empowering Native American youth. He's also dedicated 18+ years to Champions for the Homeless and numerous other humanitarian initiatives.

"Nick Lowery is a Leonardo da Vinci for our times," says legendary sports agent Leigh Steinberg, who wrote the book's foreword. *"His willingness and vision in solving life's problems and helping people in need are the perfect tonic for our troubled times."*

11 Lessons From the Arena

Naked and Alone with 80,000 People is structured around 11 powerful lessons Lowery learned from his 11 rejections, including:

- • Rejection Is Redirection
- • Pressure Is Privilege
- • Character Is Forged Through Fire
- • Inner Light Over Outer Spotlight
- • Your Greatest Setbacks Become Your Foundation

Each lesson is accompanied by a short video available at www.nicklowerybook.com/11-lessons-from-the-arena.

Critical Praise

"Being a field goal kicker in the NFL is a pressure-packed job. One kick can make you an all-time hero or the worst failure in the history of the franchise. I watched Nick Lowery do it for three years with the Kansas City Chiefs and he was exceptional. He did it by focusing on his eternal purpose and not on the goalpost."

— **Tony Dungy, Super Bowl Champion Head Coach, Pro Football Hall of Fame**

"In my opinion, Nick Lowery is the best kicker of his generation! After spending many days and long conversations with this man, you can tell just how focused, passionate, detailed, and mentally tough he was and is about his craft, and life."

— **Roger Clemens, Hall of Fame Pitcher**

"There was no more unique and compelling story in the NFL in the 1980s and 1990s than the story of Nick Lowery. His resilience in the wake of constant rejection was both admirable and inspiring."

— **Christine Brennan, New York Times Bestselling Author, USA Today National Columnist**

Availability and Media Opportunities

Naked and Alone with 80,000 People is available now on Amazon in paperback and Kindle formats. Hardcover editions will be available in April 2026.

Nick Lowery is available for interviews, podcast appearances, speaking engagements, and media events. A comprehensive media kit including high-resolution photos, video assets, and interview topics is available at www.nicklowerybook.com/book-launch-media-kit.

About Nick Lowery

Nick Lowery played 18 seasons in the NFL (1980-1996), primarily with the Kansas City Chiefs. He retired as the most accurate kicker in league history and remains the Chiefs' all-time leading scorer. After retiring, he earned a Master's degree from Harvard's Kennedy School of Government and worked in the White House for three presidents. He has dedicated more than 30 years to humanitarian causes and is a sought-after motivational speaker. He lives in Scottsdale, Arizona.

For more information, review copies, or to schedule an interview:

Website: www.nicklowerybook.com

Media Kit: www.nicklowerybook.com/book-launch-media-kit

Email: admin@loweryspeaks.com

Amazon: www.amazon.com/Naked-Alone-000-People-Rejections/dp/B0GS3KHHBQ

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